

EQUIPMENT NEEDS ASSESSMENT APPLICATION
Fall 2019

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| Name of Person Submitting Request: | John Banola |
| Program or Service Area: | Kinesiology/Health |
| Division: | SSHDPE |
| Date of Last Program Efficacy: | April 2019 |
| What rating was given? | Continuation |
| Equipment Requested | Impact Medicine Balls |
| Amount Requested: | ~\$2400.00 |
| Strategic Initiatives Addressed: | Access, Student Success, Institutional Effectiveness, Planning, Campus Climate |
| Needs Assessment Resources (includes Strategic Initiatives): | https://www.valleycollege.edu/about-sbvc/campus-committees/academic-senate/program-review/needs-assessment.php |

NOTE: To facilitate ranking by the committee, submit separate requests for each item; however, multiple items can be submitted as one request if it is required that the equipment is packaged together.

Replacement ☐ Additional ☒

Are there alternative funding sources? (for example, Department, Budget, Perkins, Grants, etc.)

Yes ☐ NO ☒

If yes, what are they? _____

1. Provide a rationale for your request. (Explain, in detail, the need for this equipment.)

These medicine balls will give students the ability to train overall strength and endurance in a variety of ways.

2. Indicate how the content of the department/program's latest Efficacy Report and/or current EMP supports this request and how the request is tied to program planning. (*Directly reference the relevant information from your latest Efficacy Report and/or current EMP in your discussion.*)

The Kinesiology department offers a variety of courses which provides students opportunity to improve their current health/fitness levels while acquiring the skills to promote a lifelong, wellness lifestyle. The Healthy People 2020 (HP 2020) campaign has been one of the driving forces behind getting the nation more active. In regards to physical activity (PA), the goal of HP 2020 is to "Improve the health, fitness, and quality of life through daily PA." In addition, one of the objectives in regards to PA is to "Reduce the proportion of adults who engage in no leisure-time PA." Utilizing HP 2020 as a guide, our department can continue to develop courses to provide opportunities for our students and community members to reach this goal and objective.

3. Indicate any additional information you want the committee to consider (*for example, regulatory information, compliance, updated efficiency, student success data, planning, etc.*).

In order to service our students fitness needs, we have to provide a variety of ways for them to participate. This equipment will give them more options for participating.

4. Indicate any related costs (including any ongoing maintenance or updates) and department/program's plans to support those costs.

There will be no additional costs.

5. What are the consequences of not funding this equipment?

Without this equipment, we are limiting potential options that students would have for training and participating.